

Volunteering Vacancy



Counselling Placement

Locations: Shepton Mallet; Harvest Court, Bridgwater College, Somerset College, Strode College and Yeovil College

Days: Tuesdays and/or Wednesdays and/or Thursdays

Hours: 2-12 hours (depending on your availability)

SWEDA Counsellors provide an essential part of the SWEDA service. As a Trainee Counsellor, volunteering with SWEDA enables you to develop your counselling skills and personal counselling style under the guidance of the Clinical Lead and with the support of the SWEDA team. The SWEDA approach is integrative, providing you with opportunities to utilise and implement a variety of theoretical models. SWEDA believes in treating service users as individuals, therefore our Counsellors develop proficiency in assessing and delivering the most appropriate interventions for each client.

REQUIRED

- Level 4 counselling qualification or above
- All staff, volunteers and service users must be treated with respect, consideration and appreciation.
- You must be able to act in a way that represents the core values of SWEDA.
- You must be inclusive and anti-discriminatory.
- Volunteer Counsellors are expected to give a minimum commitment of one year

DESIRED

- Knowledge or interest in working with people with Eating Disorders
- Experience working with parents or carers.
- Full UK Driving License
- Planning and organisational skills
- A good level of IT skills (database input, Mac, windows)