



**SOMERSET & WESSEX EATING DISORDERS ASSOCIATION**

ENGAGE • ENABLE • EMPOWER

## **QUALIFIED CHILDREN & YOUNG PEOPLE'S COUNSELLORS (SELF-EMPLOYED)**

Somerset & Wessex Eating Disorders Association, better known as SWEDA, is a regional charity supporting people affected by eating disorders across Somerset and the surrounding area.

### **OUR VISION**

To support everyone affected by eating disorders across Somerset and Wessex.

### **OUR MISSION**

We engage with people affected by eating disorders, including family, friends and carers, by offering hope and enabling access to support services to empower recovery.

Tackling eating disorders as early as possible is critical to stop the condition becoming entrenched, which seriously impacts on health, wellbeing and recovery.

SWEDA is looking for qualified Children & Young People's Counsellors to work alongside our Children and Young People's Therapeutic Worker to provide 1-2-1 counselling to children and young people affected by an eating disorder.

### **WE ARE LOOKING FOR SOMEONE TO:**

- Provide between 3 & 6 counselling hours per week, depending on your availability and the availability of clients
- Work within the professional boundaries and ethics as outlined by the BACP or other registered counselling body
- Carry out client reviews alongside the Clinical Lead to ensure the service is still appropriate for the client
- Maintain appropriate record keeping in line with data protection requirements
- Support the aims, objectives and 9 Core Values of SWEDA
- Comply with the culture and policies governing the organisation

### **ESSENTIAL QUALITIES:**

- Level 4 counselling qualification or above
- Competencies to work with children and young people
- A willingness to embrace and develop a broad range of counselling models
- You must be inclusive and anti-discriminatory

### **WE WOULD BE THRILLED IF YOU HAD EXPERIENCE IN:**

- Knowledge or interest in working with people with Eating Disorders
- Experience working with parents or carers

### **WE WILL PROVIDE YOU WITH:**

- Training in Eating Disorders
- Monthly supervision
- Free CPD training (up to 4 per year)
- A supportive environment to carry out your counselling work

### **ADDITIONAL INFORMATION**

Salary: £15.00 per hour

Contract: Self-employed – with one month's notice to be provided by either party

Recruitment Process: Please email your CV to [admin@swedauk.org](mailto:admin@swedauk.org) An interview and training will be arranged.

For a chat or further information please call Sam Best on 07885 540309.

**THE COACH HOUSE • HARVEST COURT • SHEPTON MALLET BA4 5BS • 01749 343344 • WWW.SWEDAUK.ORG**